

### **Building Comprehensive Primary Prevention**

# Emerging Trending in Sexual Domestic Violence Primary Prevention

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Most resources references in this talk have been blogged about on <a href="www.PreventConnect.org">www.PreventConnect.org</a>
A copy of the materials for this presentation is available at <a href="http://preventconnect.org/2012/09/northdakota/">http://preventconnect.org/2012/09/northdakota/</a>



PreventConnect is a national on-line project to advance primary prevention of sexual violence and domestic violence. The following on-line activities are available at no cost.

- Online Community
- Web Conferences on primary prevention topics
- Prevent-Connect email Group with over 1100 prevention advocates
- eLearning units, Podcasts, Wiki on prevention

www.PreventConnect.org Twitter: @preventconnect facebook.com/PreventConnect

### **Building Comprehensive Primary Prevention**

#### NOTES

President Obama puts Prevention into SAAM <a href="http://preventconnect.org/2012/04/president-obama-puts-prevention-into-sexual-assault-awareness-and-prevention-month/">http://preventconnect.org/2012/04/president-obama-puts-prevention-into-sexual-assault-awareness-and-prevention-month/</a>

**Prevention** is the work to build a community without sexual violence

- Andrea Dworkin, I Want a Twenty-Four-Hour Truce During Which There Is No Rape (1983) http://www.nostatusquo.com/ACLU/dworkin/WarZoneChaptIIIE.html
- Transforming Rape Culture (1993), edited by Emilie Buchwald, Pamela Fletcher, Martha Roth
- belle hooks, Talking Back thinking feminist thinking black (1989)
- *Principles of Prevention* eLearning Units on violence prevention, Centers for Disease Control and Prevention, <u>www.vetoviolence.org</u>
- Steven Johnson, The Ghost Map, 2006 http://www.theghostmap.com/
- PreventConnect eLearning unit Social Justice and Public Health:
   <a href="http://preventconnect.org/2009/09/a-social-justice-model-of-public-health-integrating-prevention-of-violence-against-women-2/">http://preventconnect.org/2009/09/a-social-justice-model-of-public-health-integrating-prevention-of-violence-against-women-2/</a>
- Lydia Guy, "Can Radical Feminism Co-exist with the Public Health Paradigm?" in Partners in Social Change (A Publication from the Washington Coalition of Sexual Assault Programs) Volume 8 (3) Spring 2006. http://www.wcasp.org/prevention/PDF/SPringPISC2006.pdf
- Case by Case: News coverage of child sexual abuse (2011), Berkeley Media Studies Group <a href="http://www.bmsg.org/pdfs/bmsg">http://www.bmsg.org/pdfs/bmsg</a> issue19.pdf
- Breaking News of Child Sexual Abuse: Early Coverage of Penn State (2012),
   Berkeley Media Studies Group
   <a href="http://www.bmsg.org/sites/default/files/bmsg\_report\_breaking\_news\_on\_child\_sexual\_abuse.pdf">http://www.bmsg.org/sites/default/files/bmsg\_report\_breaking\_news\_on\_child\_sexual\_abuse.pdf</a>
- Hollaback www.ihollaback.org

#### **Ending Rape and Domestic Violence Requires Social Change**

Prevention is the work to create that social change.

#### **Prevention: Creating a Culture Free of Abuse**

- Primary Prevention: a <u>systematic</u> process that <u>promotes</u> healthy <u>environments</u> and behaviors and reduces the likelihood of an incident, condition, or injury <u>before</u> it occurs in the first place (from Prevention Institute, <u>www.preventioninstitute.org</u>)
  - Part of Comprehensive Response
    - Intervention, Treatment, Services
    - Effective System Response (Promote Accountability)
    - Awareness
    - Promote Healthy Norms and Behaviors (Prevention)
  - Before
    - Primary: Before violence takes place (upfront)
    - Secondary: Immediate responses (in the thick)

- Tertiary: Long term responses (aftermath)
- Community
- o Promote
  - Example: Search Institute 40 Developmental Assets http://www.search-institute.org/assets/assetlists.html
- Comprehensive
  - eLearning Unit: Developing Comprehensive Prevention: Linking
     Primary Prevention Activities, Strategies and Programs
  - http://www.preventconnect.org/presentations/Comprehensive\_Prevention/player.html
  - Worksheet <a href="http://www.preventconnect.org/attachments/2009/worksheet-comprehensive-program.pdf">http://www.preventconnect.org/attachments/2009/worksheet-comprehensive-program.pdf</a>
  - Comprehensive Examples
    - MyStrength <u>www.mystrength.org</u>
    - Green Dot www.livethegreendot.org
    - I.A.M. Strong http://www.sexualassault.army.mil/
    - Respect WORKS! www.respect-works.org
    - Start Strong www.startstrongteens.org
    - Denim Day http://www.denimdayusa.org/
- Root Causes

Prevention needs to be tailored to meet the needs of the community (PreventConnect web conference When place is the focus: Connecting sexual and domestic violence prevention approaches to your community <a href="http://preventconnect.org/2012/07/when-place-is-the-focus/">http://preventconnect.org/2012/07/when-place-is-the-focus/</a>}

#### Individual focus hides...

- Patterns of Abuse
- Context of Abuse
- Norms that
  - Contribute to Family Violence
  - Condone Family Violence
  - Ignore Family Violence

#### **5 Key Norms**

- Limited Roles for Women and Girls
- Restricted Gender Roles for Men and Boys
- Power
- Violence
- Secrecy and Privacy

(PreventConnect eLearning Unit Changing Norms to Prevent Violence Against Women <a href="http://preventconnect.org/2006/11/changing-norms-to-prevent-violence-against-women/">http://preventconnect.org/2006/11/changing-norms-to-prevent-violence-against-women/</a>)

Sexual Violence and the Spectrum of Prevention: Towards a Community Solution By Rachel Davis, Lisa Fujie Parks, and Larry Cohen of the Prevention Institute. (A Publication from the National Sexual Violence Resource Center) July 2006. <a href="http://www.nsvrc.org/resource/details.aspx?Resourceld=218">http://www.nsvrc.org/resource/details.aspx?Resourceld=218</a>

#### **Elements of Community**

- Expectations
  - Norms
- Models → Culture
- Institutions
- Policies
- Media

Social Ecological Model

(see on PreventConnect wiki http://wiki.preventconnect.org/Socio-ecological+Model )



Spectrum of Prevention (from <u>www.PreventionInstitute.org</u>)

## The Spectrum of Prevention



## Emerging Trends in Sexual & Domestic Violence Prevention

#### NOTES

#### **How Do People Change?**

Knowledge → Attitudes → Beliefs → Behaviors ????

#### **Program**

#### **Engaging Men and Boys**

- A CALL TO MEN www.acalltomen.org
- · Coaching Boys into Men www.coaches-corner.org/
- Instituto Promundo (Brazil) <u>www.promundo.org.br/</u>
- Men Can Stop Rape www.mencanstoprape.org
- Men Stopping Violence www.menstoppoingviolence.org
- Mentors in Violence Prevention (MVP) www.sportinsociety.org/vpd/mvp.php
- National Compadres Network www.nationalcompadresnetwork.com
- One in Four www.oneinfourusa.org
- 1 in 6 www.1in6.org
- One Man Can (South Africa) www.genderjustice.org.za/onemancan/
- Walk a Mile in Her Shoes www.walkamileinhershoes.org
- White Ribbon Campaign (Canada) www.whiteribbon.ca/
- Byron Hurt, Hip Hop: Beyond Beats and Rhymes www.bhurt.com
- Jackson Katz, Macho Paradox www.jacksonkatz.com
- Paul Kivel, Young Men's Work www.Paulkivel.com
- Rus Funk, Reaching Men www.rusfunk.com
- Tough Guise, Media Education Foundation www.MEF.org
- VoiceMale (magazine) http://voicemalemagazine.org/
- Engaging Men (Office on Violence Against Women) www.ovw.usdoj.gov/men-youth.htm

#### **Empowering Women and Girls**

- Report American Psychological Association Task Force on the Sexualization of Girls Report www.apa.org/pi/women/programs/girls/report-full.pdf
- NOVO Foundation www.novofoundation.org
- Move to End Violence www.movetoendviolence.org
- MS Foundation for Women www.ms.foundation.org
- Hardy Girls Healthy Women www.hardygirlshealthywomen.org
- SPARK Summit www.sparksummit.com
- V Girls www.v-girls.org/

#### **Bystander**

- Bringing in the Bystander and Know Your Power http://www.unh.edu/preventioninnovations/
- Engaging Bystanders, National Sexual Violence Resource Center http://www.nsvrc.org/projects/engaging-bystanders
- · Green Dot www.livethegreendot.org
- California's Green Dot http://calcasa.org/tag/green-dot/

- Engaging Bystander eLearning Unit, (NEARI and NSVRC)
   http://calcasa.org/prevention/online-course-on-engaging-bystanders-in-sexual-violence-prevention/
- *Violence Against Women* journal on bystander <a href="http://calcasa.org/prevention/research-on-bystander-programs-highlighted-in-journal/">http://calcasa.org/prevention/research-on-bystander-programs-highlighted-in-journal/</a>

#### **Teen Dating Violence**

- Start Strong www.startstrongteens.org/
- Violence Against Women Act
- Love is Respect http://www.loveisrespect.org/
- MADE http://www.loveisnotabuse.com/made/index.html
- Break the Cycle www.breakthecycle.org/
- CDC Dating Violence www.cdc.gov/ncipc/dvp/datingviolence.htm

#### **Healthy Sexuality**

- It's Time to talk about it! (NSVRC SAAM Promo 2012) http://www.youtube.com/watch?v=nxTgY0okyLM&feature=youtu.be
- An overview on healthy sexuality and sexual violence prevention (NSVRC SAAM 2012)
   <a href="http://www.nsvrc.org/sites/default/files/SAAM\_2012\_An-overview-on-healthy-sexuality-and-sexual-violence.pdf">http://www.nsvrc.org/sites/default/files/SAAM\_2012\_An-overview-on-healthy-sexuality-and-sexual-violence.pdf</a>
- Healthy Sexuality: A Guide for Advocates, Counselors and Prevention Educators
   (NSVRC SAAM 2012) <a href="http://www.nsvrc.org/sites/default/files/SAAM\_2012\_Healthy-sexuality-a-quide-for-advocates-counselors-and-prevention-educators.pdf">http://www.nsvrc.org/sites/default/files/SAAM\_2012\_Healthy-sexuality-a-quide-for-advocates-counselors-and-prevention-educators.pdf</a>

#### **End Street Harassment**

- Anti-Street Harassment Week <a href="http://www.meetusonthestreet.org/">http://www.meetusonthestreet.org/</a>
- Stop Street Harassment http://www.stopstreetharassment.org/
- Hollaback www.ihollaback.org

#### Science

- Types of Evidence see blog on Wendi Seibold's article in Moving Upstream http://calcasa.org/prevention/virginias-newsletter-on-evidence-for-prevention/
- Sexual Violence Prevention: The Role of Stages of Change, Banyard VL, Eckstein RP, Moynihan MM Journal of Interpersonal Violence, January 2010; vol. 25, 1: pp. 111-135. http://calcasa.org/prevention/social-marketing-to-prevent-sexual-violence-2/
- Stages of Change (Transtheoretical Model) <a href="http://wiki.preventconnect.org/Prevention+Theory">http://wiki.preventconnect.org/Prevention+Theory</a>

#### Technology

- Twitter: i.e. PreventConnect <a href="http://twitter.com/preventconnect">http://twitter.com/preventconnect</a>
- That's Not Cool www.thatsnotcool.com
- Flash Mobs:
  - Stand Up Guys <a href="http://www.brightonpittsfordpost.com/feature/x157794792/Stand-Up-Guys-use-mob-to-send-message?foto=0">http://www.brightonpittsfordpost.com/feature/x157794792/Stand-Up-Guys-use-mob-to-send-message?foto=0</a>
  - Anti Bullying. <a href="http://www.youtube.com/watch?v=MhYyAa0VnyY">http://www.youtube.com/watch?v=MhYyAa0VnyY</a>
- Hollaback! www.ihollaback.org

#### Movement

- Move to End Violence www.movetoendviolence.org
- Say No Unite to End Violence Against Women http://www.saynotoviolence.org/
- Project Envision http://www.svfreenyc.org/programs prevention.html
- Close To Home http://www.c2home.org/

## Sexual Violence Prevention Resources

#### Sexual Violence Prevention

By David Lee, Lydia Guy, Brad Perry, Chad Sniffen and Stacy Alamo Mixson, **The Prevention Researcher**, Volume 14(2), April 2007

http://preventconnect.org/2009/04/sexual-violence-prevention/

Sexual Violence and the Spectrum of Prevention: Towards a Community Solution
By Rachel Davis, Lisa Fujie Parks, and Larry Cohen of the Prevention Institute.
(A Publication from the National Sexual Violence Resource Center) July 2006.
http://www.nsvrc.org/resource/details.aspx?ResourceId=218

An Evidence-Based Review of Sexual Assault Preventive Intervention Programs by Shannon Morrison, Jennifer Hardison, Anita Mathew, & Joyce O'Neil. September 2004. http://www.ncjrs.gov/pdffiles1/nij/grants/207262.pdf

Preventing intimate partner and sexual violence against women: Taking action and generating evidence, By World Health Organization/London School of Hygiene and Tropical Medicine. Geneva, World Health Organization, 2010.

http://www.who.int/entity/violence injury prevention/publications/violence/9789241564007 eng.pdf

Preventing violence before it occurs: A framework and background paper to guide the primary prevention of violence against women in Victoria, Victorian Health Promotion Foundation, Victoria, Australia, December 2007.

http://www.vichealth.vic.gov.au/preventingviolence/

Report Describing Projects Designed to Prevent First-Time Male Perpetration of Sexual Violence by Monique Clinton-Sherrod, Deborah Gibbs, et. al. (RTI International) (September 2008). <a href="http://www.nsvrc.org/\_cms/fileUpload/RTI\_Report\_updated%202008.pdf">http://www.nsvrc.org/\_cms/fileUpload/RTI\_Report\_updated%202008.pdf</a>

**Sexual Violence Prevention: Beginning the Dialogue** By the U.S. Centers for Disease Control and Prevention. 2004. <a href="http://www.cdc.gov/ncipc/dvp/SVPrevention.htm">http://www.cdc.gov/ncipc/dvp/SVPrevention.htm</a>

Training Professionals in the Primary Prevention of Sexual and Intimate Partner Violence: A Planning Guide. 2010, By US Centers for Disease Control and Prevention <a href="http://www.cdc.gov/violenceprevention/pub/training\_guide.html">http://www.cdc.gov/violenceprevention/pub/training\_guide.html</a>

**World Report on Violence and Health** By the World Health Organization. 2002. http://www.who.int/violence\_injury\_prevention/violence/world\_report/en/index.html

Rape Prevention and Risk Reduction: Review of the Research Literature for Practitioners by Kimberly A. Lonsway with contributions from Dorothy Edwards, VAWnet: The National Online Resource Center on Violence Against Women (January 2009)

http://new.vawnet.org/Assoc Files VAWnet/AR RapePrevention.pdf

Case by Case: News coverage of child sexual abuse, Berkeley Media Studies Group, 2011. <a href="https://www.bmsg.org/pub-issues.php#issue19f">www.bmsg.org/pub-issues.php#issue19f</a>

**Understanding Evidence: Part 1: Best Available Research Evidence,** Centers for Disease Control and Prevention 2011, <a href="http://www.cdc.gov/violenceprevention/pub/UnderstandingEvidence\_prt1.html">http://www.cdc.gov/violenceprevention/pub/UnderstandingEvidence\_prt1.html</a>